

Towns County Sports

Towns County's Leader In Sports

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Butler defense the difference in Towns' 26-3 loss

By Shelly Knight
Staff Writer
Towns County Herald

Towns County Indians surrendered to the Butler Bulldogs by a score of 26-3. Butler outgained the Indians with 231 rushing yards on 30 carries while Towns rushed for 29 yards on 19 carries.

However, Peyton McGaha completed 7 of 14 passing plays with 64 yards, while Butler had only 1 completion out of 8 attempts for no yards.

Every coach knows there are things you can and can't control in a game. Can't control a referee's call, but you can control your team's practice habits and work ethic.

Coach Jason Roquemore understands this reality and is constantly teaching his athletes as he motivates them from the sidelines. Coach reminds his boys to focus on the things they can control.

Some great individual highlights include Reed Adams making a catch for 36 yards, Dustin Barrett had 13 carries for 29 yards, Morgan Walker had 2 catches for 14 yards and 13 tackles and Jacob Nicholson made 7 tackles.

Both Barrett and Grayson Youngblood made interceptions. The pieces are all in place and as the year progresses, 'the Roc' is encouraging the boys to use critical thinking and assume leadership roles on the field.

"Friday night was tough. I felt like we had some great opportunities in all 3 phases, but for whatever rea-



Quarterback Peyton McGaha completed 7 of 14 with 64 yards through the air. Photo/Lowell Nicholson

son just couldn't finish," he said. "Learning how to finish is a process and takes time when you have a young football team.

continue to love each other this week as we prepare for a very good Dixie football team this week, said Roquemore.

The Indians take on the Dixie Hornets on Friday, September 27th at 7:30 p.m. here at home.

Tickets can be purchased at GoFans or at the gate for \$10.



The Indians take the field ahead of last Friday's contest vs. Butler. Towns County is back at home this week against the Dixie Hornets at 7:30 p.m. Photo/Lowell Nicholson

Softball: Lady Indians fall to region foes LOA, Lincoln Co.

By Shelly Knight
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Towns County Herald

The Ladies dropped two region games last week, one to Lake Oconee Academy (LOA) and one to Lincoln County.

The final score on Sept. 17 against Lincoln was 11-8. Scotlyn Fain batted 2 for 5 with a run scored. Alaina Murphy swatted 2 for 4, had an RBI and 2 runs scored. Drew Livingston knocked 4 out of 4, had an RBI and scored 2 runs. Alexa Keys batted 1 for 4, had an RBI and scored a run. Taylor Mulkey scored a run. Gracie Jones had an RBI and Lilly Martin scored 1 run.

"We came out ready to play and put up a 5 spot in the bottom of the first," Coach Clay Livingston said. "I was very pleased with our approach at the plate, and we ran the bases pretty well. If it wasn't for a couple of mistakes in the third, and a couple in the later innings, we would have been in a really good spot to have a chance to win this one.

"If we can figure out how to put together 7 solid innings, we will be a problem for the rest of our opponents. It was better than last week, fewer physical errors and more contact at the plate.

"But there are still some mental errors that we must continue to clean up. The girls are definitely learning from their mistakes. The question is can we learn enough for a final push into the playoffs," he said.

In the game against Lake Oconee Academy on Sept. 19, LOA outscored the Indians 9-3. Personal highlights include Scotlyn Fain batting 2 out of 3 with 2 runs scored, Alaina



Drew Livingston went 4-for-4 with an RBI and 2 runs in Towns County's meeting with Lincoln County. Photo/Lowell Nicholson

Murphy swatted 3 out of 4 with 2 RBIs and Drew Livingston knocked 1 for 3 with a run scored. Alexa Keys batted 2 for 4, Lilly Martin had an RBI and Hailey Gibson batted 1 for 3. The good news is the team is healed up and only Chloe Sutton is still out.

"We needed a big hit

there. Jaycie pitched well in both games. We played better behind her this week, but we still have plenty of work to do if we want to get over the hump and start winning some of these competitive games," he said.

The girls take on Athens Christian at Lowell Nicholson Field on Tuesday, Oct. 1 at 5 p.m. tickets can be purchased at GoFans.com.

Remember ladies, the famous Babe Ruth once said, "Every strike brings me closer to the next home run."

Cross Country doesn't get lost in weeds

By Shelly Knight
Staff Writer
Towns County Herald

By now many probably know, Luke Kough is the new TCHS cross country coach, but for those who don't, here's a snapshot in his own words.

"While praying and researching about making the decision to coach cross country, I reached out to one of my good friends who is also a coach and asked for some wisdom. He said that challenges in life won't stop, and that there might not be a better time than now to find out what it's like.

"After some time, I felt the peace to take on the position. I've learned that the Towns County Cross Country Indians are athletes that truly care for and lift each other up; they make

a great example of what it means to be a team. I'm very thankful God has given me the opportunity to serve them as their coach. We're practicing frequently, and I have faith that each athlete will meet their goal this year.

"We practice mostly on the school campus, using a variety of routes on our track and hills. We run tracks sprints, hill sprints, long distance with hills, and agility-based activities. We also make sure to do dynamic warmups before practice and static stretches after. Each of these exercises help prepare the team by building muscle, lung capacity, endurance, and adaptability.

"The team's focus is on meeting their personal goals and beating their previous records. Every athlete is hoping to break their 5K (3.1 mile) personal

record from last season. As their new coach, I'm working to set them up to make that hope a reality. Currently, we are seeing progress weekly—just this past week, six of our runners finished with personal records for this season so far."

The team consists of five seniors - Lilly Cannon, John Durham, Ansleigh Hardin, Connor Williams, and Kya Smith. The eight underclassmen include Gabe Calhoun, Caden Coggins, MaryLee Durham, Emory Hardin, Jordan Lopez, Jamie McCarter, Katelyn Walls and Will Walls.

"The athletes on this team support and encourage each other to do their best, and their continuous camaraderie, perseverance and good attitudes make for a great team. I'm thankful to be a part of it," he said.



Coach Kough and the Indians cross country team ahead of a meet earlier this season. Last week, the Indians placed seventh at Stephens County behind a 29th place finish by Jordan Lopez. Photo/Todd Forrest